

Tuesday 10th March

Dear Parents and Carers,

I am writing to inform you that on your student will be taking part in a PSHE (Personal, Social and Health Education) Drop Down Day. This involves students being taught a number of different topics within the PSHE curriculum. The topics during both days are focussed around relationships and sex education.

Wednesday 11th March: Year 9

Lesson	Year 9 Topic
1	Introduction
2	Healthy Relationships
3	Consent
4	Body Image
5	Contraception

Thursday 12th March: Year 10 and Year 11

Lesson	Year 10 Topic	Year 11 Topic
1	Introduction	Introduction
2	Healthy Relationships	Contraception
3	Consent	Consent
4	Body Image	Body Image
5	Contraception	Healthy relationships

The lessons are paramount for the welfare, safety and personal development of students. They will help equip students with the skills to keep themselves safe, both at school and in the community.

If you would like to discuss this day with a member of staff please contact either Miss Hickey (Assistant Principal) or Mr Fudge (PSHE Lead).

Yours faithfully,

Mr Fudge

PSHE Lead
Teacher of PE
The City Academy Bristol

Every Student a Graduate – Every Student a Leader

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